BIENVENIDOS A EL CAPORAL, AMICOSI



MEXICAN RESTAURANT



LUNGH MENU

Lunch is served Monday through Friday from 11:00 am to 3:00 pm Please choose from these lunch specials below or enjoy any item from our dinner menu.



LUNCH COMBINATIONS

All combinations are served with rice and beans. Available with cheese, beef, chicken, shredded beef or beans. Add asada +2.00

- **#1 TWO TACOS** 6.99
- **#2** ONE TAMALE & ONE TACO 6.99
- #3 ONE ENCHILADA & ONE TACO 6.99
- #4 ONE ENCHILADA
 - GONE BEAN TOSTADA 6.99
- **#5 BURRITO** 6.99
- #6 CHALUPA

Big crispy flour taco stuffed with chicken, beef or shredded beef, lettuce, tomato and cheese 6.99

#7 CHILE RELLENO

Poblano pepper stuffed with cheese battered in egg, covered with sauce and melted cheese 7.99

#8 CHIMICHANGA

With guacamole and sour cream. Try one grilled 7.99

- **#9 TWO ENCHILADAS** 7.99
- **#10** BURRITO JALISCO

Flour tortilla filled with rice, beans, cheese, and filled with your choice of meat covered with burrito sauce and melted cheese.
Garnished with fresh lettuce, tomatoes and sour cream 7.99

#11 TAQUITOS RANCHERO

Crispy corn tortilla stuffed with your choice of shredded beef or chicken. Garnish with lettuce, tomato, parmesan cheese, sour cream and guacamole 6.99

TOSTADA

Your choice of bean, beef, chicken or picadillo 6.99 Add sour cream and guacamole +2.59

#12 TACOS AL CARBON

2 soft corn tortillas filled with your choice of steak, or chicken and pico de gallo with special sauce 7.99

#13 FAJITA BURRITO

(STEAK OR CHICKEN)

REALLY GOOD!

Flour tortilla stuffed with sautéed onions, bell peppers and your choice of steak or chicken. Topped with sauce and monterey jack cheese

#14 ENCHILADA SONORA

2 corn tortillas stuffed with rice, beans and your choice of meat served with sour cream 7.99

#15 COLORADO BURRITO

Flour tortilla stuffed with beef chunks, cooked in a tasty red chile sauce covered with monterey jack cheese 7.99

#16 CHILE VERDE BURRITO

Flour tortilla stuffed with pork chunks, cooked with a light tomatillo sauce covered with monterey jack cheese 7.99

#17 BREADED SHRIMP OR FISH

With fries and a salad (needs price)



Your choice of bean, beef, chicken or picadillo 6.99 Add sour cream and guacamole +2.59

IN OLD MEXICO THE HACIENDA OWNER PICKED THE MAN THAT HE COULD TRUST TO DO ANY JOB. HE KNEW HOW FARMS RAN AND HOW TO MAKE THEM BETTER. THE ONLY ONE THAT COULD TALK TO THE OWNER, EL CAPORAL WAS IN CHARGE OF THE OPERATION. HE CONTROLLED THE CATTLE, THE HORSES AND THE WORKERS. RESPECTED BY ALL FOR HIS HONESTY AND WORK ETHIC EL CAPORAL WAS THE HACIENDA OWNER'S RIGHT HAND ON THE FARM.

WELCOME TO EL CAPORAL.
WHETHER IT BE LUNCH, DINNER, DRINKS, PARTIES OR TO
CELEBRATE YOUR OWN SPECIAL OCCASSION, RELAX AND
LET US BE YOUR CAPORAL.

~EL CAPORAL

612 YELLOWSTONE POCATELLO, IDAHO 208.233.9933

610 N. OVERLAND BURLEY, IDAHO 208.678.2117

APPETIZERS

NACHOS EL CAPORAL

This house nacho comes topped with your choice of meat topped with, beans, guacamole, sour cream, jalapeños, tomatoes, onions, and cheddar cheese Sm 7.99 | Lg 8.99 Add asada or adobada +3.99

NACHOS CHEESE

Chips with cheddar cheese Sm 4.99 | Lg 5.99

NACHOS BEEF

Ground beef with cheddar cheese, tomatoes and onions Sm 5.95 | Lg 6.99

NACHOS PICADILLO

Shredded beef with cheddar cheese, tomatoes and onions Sm 5.99 | Lg 6.99

NACHOS CHICKEN

Chicken with cheddar cheese, tomatoes and onions Sm 5.99 | Lg 6.99

NACHOS CHORIZO

Spicy ground pork with monterey jack cheese, tomatoes and onions Sm 5.99 | Lg 6.99

NACHOS SHRIMP

With monterey jack cheese, tomatoes and onions Sm 7.99 | Lg 8.99

EL CAPORAL VARIEDAD

Combination of taquito, nachos, and quesadilla garnished with tomatoes, green onions, guacamole and sour cream 11.99 - **Very Good!**Add asada +3.99

TOSTADAS

Choose from ceviche or shrimp - Market Price

QUESADILLA

Flour tortillas stuffed with melted cheese, onions, tomateos, and served with sour cream and guacamole 7.99

Add asada, adobada or baby shrimp +3.99

MEXICAN PIZZA

Deep fried flour tortilla topped with beans, beef, jack cheese, tomatoes, and green onions then garnished Mexican style 7.99

Add chicken, beef or picadillo +1.99

CHEESE CRISPY

Deep fried flour tortilla topped with melted cheese 5.99

CHICKEN SOUP

Made fresh to order. Shredded chicken in a zesty broth with rice, avocado, tortilla chips and fresh lime and cilantro

Cup 5.99 | Bowl 7.99

FAJITA QUESADILLA

Flour tortilla stuffed with melted cheese, with fajita steak or chicken, bell peppers, onions and tomatoes, served with sour cream and guacamole, beans and rice 13.99

CHICKEN TAQUITOS

Crisp flour tortilla filled with chicken or picadillo with enchilada salsa on a bed of lettuce and garnished with tomatoes, sour cream and guacamole 799

STEAK FRIES

Fries topped with steak, monterey jack cheese, tomatoes, onions, jalapeños, guacamole and sour cream 11.99



<u>GOMBINATIONS</u>

All combinations are sered with rice and beans (refried or fijoles de la olla). Choose from ground beef, chicken, picadillo ro cheese. Chimichangas with guacamole and sour cream.

1. CHOOSE THREE ITEMS

Enchiladas, taco, tostada, or tamale 11.99

2. CHOOSE TWO ITEMS

Burrito, enchilada, chimichanga or grilled chimi, chile relleno, tamale, chalupa or tostada 11.99

3. CHOOSE TWO ITEMS

Taco, enchilada, tostada, or tamale 9.99

4. CHOOSE ONE ITEM

Chile relleno, chalupa, chimichanga or grilled chimi 9.99

Make it DELUXE, add guacamole and sour cream +2.50

17. CARNE ASADA

Steak, charbroiled to your taste with grilled onions, served with pico de gallo and garnished with guacamole 13.99 Shrimp 24.99

18. STEAK A LA CHICANA

Top sirloin steak cut into strips, cooked with bell peppers, onions, mushrooms and tomatoes, then sautéed with a Mexican sauce 12.99

MARY HERA

Shrimp, rice and beans, guacamole and pico de gallo (need price)

19. TIJUANA STEAK

A flavorful marinated t-bone steak, charbroiled and served with guacamole 19.99

MOLCAJETE

Your choice of steak, chicken or shrimp, with cactus, red peppers and onion and fresh Mexican cheeese served with rice and beans (price)

Your choice of pollo asada, carne asada or shrimp asada served with rice, beans and guacamole (need price)

20. NEW YORK STEAK MEXICAN COMBINATION

Steak charbroiled to your liking and served with chile relleno 16.99

21. CHILE VERDE

Chunks of pork cooked with a light tomatillo sauce 11.99

22. CHILE COLORADO

Chunks of beef cooked in a tasty red chile sauce 11.99

23. CARNITAS RES

Top sirloin strips cooked with bell peppers, mushrooms, tomatoes and onions. Served with guacamole 12.99

24. TACOS DE CARNE ASADA

Adobada, fish, chicken, or shrimp topped with onions, and cilantro on a corn tortilla. Not served with rice and beans (price)

25. THREE CHILES

Chunks of pork cooked with tomatillo sauce, chunks of beef cooked with red chile and a chile relleno, served with beans and rice 14.99

31. ARROZ CON POLLO

Boneless chicken breast sauteed in a special sauce with mushrooms, onions and tomatoes. Served over a bed of rice, topped with melted cheese 12.99 (Not served with beans

32. EL MOLGAJETE

Chicken and steak cooked with bell peppers, onions and tomatoes with El Caporal sauce and topped with jack cheese. Served with rice and beans 15.99

33. POLLO MEXICAN

Boneless chicken with onions, mushrooms, tomatoes and bell peppers in a tasty sauce 12.99

34. POLLO EN MOLE

Boneless chicken mixed with onions and mushrooms in a sweet sauce with peanuts, ground cinnamon, cocoa and spices 12.99

35. POLLO CAPORAL

Tender chunks of chicken breast sautéed in butter with onions, mushrooms and tomatoes. Covered with a special sauce 13.99

36. POLLO ASADO

Charcoal-broiled mrainated chicken breast with sautéed onions on top. Served with your choice of chimichanga, enchilada or chile relleno 13.99

37. POLLO CARNITAS

Chunks of chicken breast sautéed with bell peppers, tomatoes, mushrooms and onions. Served with guacamole 12.99

38. POLLO A LA PLANCHA

Lightly marinated 9 oz. chicken breast grilled with sautéed onions on top 12.99

A sizzling dish with your choice of marinated meat (chicken, steak or shrimp) in a special sauce, then served on top of mixed onions and bell peppers. Accompanied by guacamole, sour cream, pico de gallo, rice and beans (refried or frijoles de la olla) and flour or corn tortillas.

26. STEAK OR CHICKEN OR SHRIMP 13.99 | All three 24.99

27. FAJITA EL CAPORAL (NEW)

Prawn with onions, mushrooms and bacon covered in melted monterey jack. Served with rice and beans 14.99

28. STEAK & CHICKEN COMBO 13.99

29. FAJITA SALAD

A steak, chicken or pollo asado in a deep-fried flour tortilla covered in beans, stuffed with lettuce and topped with a mix of sautéed onions, bell peppers and mushrooms. Garnished with slices of avocado and tomatoes 12.99 | Shrimp Fajita Salad 15.99

30. BURRO RANCHERO

Steak, chicken or pollo asado in a flour tortilla stuffed with sauteed onions, bell peppers, rice and whole beans, topped with melted monterery jack cheese served with rice, beans, guacamole and sour cream on the side 12.99 Shrimp Burro Ranchero 15.99

All these exciting Mexican favorites are served with rice and beans (refried or frijoles de la olla). Your choice of ground beef, chicken or shredded beef.

39. TACOS COSTENOS

Three soft corn tortillas filled with your choice of pork, chicken or steak and pico de gallo. With melted cheddar cheese on top 12.99

40. TAQUITOS RANCHEROS

Crisp corn tortillas stuffed with your choice of shredded beef or chicken. Garnished with lettuce, tomatoes parmesan cheese, sour cream and guacamole 9.99

41. FLAUTAS

Crisp flour tortillas stuffed with your choice of filling. Garnished with lettuce, tomato, cheese, sour cream and guacamole 9.99

42. SOPITOS

Homemade corn maza shells filled with beans, your choice of meat, lettuce, cheese and tomato. Served with sour cream and guacamole 9.99

SEAFOOD

These specialties are served with rice and beans (refried or frijoles de la olla) and tortillas.

43. CAMARONES RANCHEROS

Shrimp, sautéed with bell peppers, onions and carrots in a Mexican sauce 13.99

44. CAMARONES "AL MOJO"

Delicious shrimp and mushrooms sautéed in butter, garlic and spices 13.99

** 45. GAMARONES FILETE "COSTENO" - VERY GOOD!

Sautéed prawns with bacon wrapping and jack cheese. Served in a tasty red or mole sauce 14.99

46. CARMARONES CABO BLANCO

Shrimp and onions sautéed in butter and wine served in a sauce with parmesan and jack cheese 13.99

47. ARROZ CON CAMARONES

(NOT SERVED WITH BEANS)

Delicious shrimp sautéed in a unique sauce with mushrooms, bell peppers, onions and carrots. Served over a bed of rice with melted cheese 13.99

48. J CAMARONES A LA DIABLA

(VERY SPICY)

Prawns cooked in a red sauce with onions and mushrooms 13.99

49. SHRIMP ENCHILADA

Corn tortillas filled with baby shrimp, topped with choice of red or green sauce and jack cheese. Garnished with sour cream, sliced avocado and tomato. One 8.99 | Two 10.99

50. CRAB ENCHILADA

Corn torillas filled with crab meat, topped with choice of red or green sauce and jack cheese. Garnished with sour cream, sliced avocado and tomato. One 8.99 | Two 10.99

51. CHIMICHANGA "JAROCHA"

A different chimichanga, filled with crab and shrimp in a delicious mixture. Garnished with sour cream and guacamole 12.99

52. CAMARONES EL CAPORAL

Prawns sauteed in butter with onions and mushrooms. Served with a special sauce 13.99

53. SHRIMP COCKTAIL OR CAMPECHANAS

Market Price

(NOT SERVED WITH RICE OR BEANS)

54. SIETE MARES

Seven seas hot soup, shrimp, octopus, fish, scallops, clams, oysters and crab legs. Not served with rice or beans 19.99

55. MOLCAJETE

Scallops, shrimp, crab, octopus, clams, ceveche shrimp and fish (needs price)

*55. PESCADO (FISH) -

VERY GOOD!

Tilapia prepared to your preference 14.99

56. CALDO DE CAMARON

Hot shrimp soup with fresh vegetables. (Not served with rice and beans) 13.99

57. TACOS DE PESADO

Prepared in traditional Mexican manner, three tacos. Served in soft corn tortillas, sliced avocado and pico de gallo 12.99

58. TACO EL GOBARNADO

Three tacos, shrimp wrapped in bacon, lettuce, pico de gallo and special sauce (needs price)



<u>ENGHILADAS</u>

Enchiladas are soft corn tortillas stuffed with your choice of chicken, ground beef, cheese or picadillo, rolled up and then covered with enchilada sauce and melted cheese. Served with rice and beans (refried or frijoles de la olla).

ONE ENCHILADA 7.99 TWO ENCHILADAS 8.99

Choice of fillings: cheese and onion, ground beef, chicken or picadillo Add asada +2.00

58. MOLE ENCHILADA

Corn tortillas stuffed with tender chunk chicken, topped with a delicious sweet spicy Mexican sauce One 7.99 | Two 8.99

59. ENCHILADA RANCHERA

Soft corn tortillas filled with chicken, picadillo, ground beef or cheese, topped with a special mixed sauce and melted cheese One 7.99 | Two 8.99

60. ENCHILADA YEGETARIAN

One 7.99 | Two 8.99

61. ENCHILADA SUIZA

Corn torillas stuffed with your choice of fillings, topped with a delicious green tomatillo sauce and melted cheddar cheese. Garnished with sour cream One 8.99 | Two 9.99

62. ENCHILADA SUNRISE

Your favorite enchilada topped with eggs over easy One 8.99 | Two 9.99



BURRITOS

Large flour tortilla rolled up and filled with your choice of meat topped with sauce and melted cheese.

Your choice of rice or beans. Choose both rice and beans, +.50

63. BEAN & BEEF BURRITO 9.99

64. BEEF BURRITO 9.99

65. PICADILLO BURRITO 9.99

66. CHILE COLORADO BURRITO 9.99

67. CHORIZO BURRITO 10.99

68. CHICKEN BURRITO 9.99

69. CHILE VERDE BURRITO 9.99

70. EL CAPORAL BURRITO

Large flour tortilla with a chile relleno, rice and beans. Topped with spanish sauce and garnished with lettuce, tomatoes and cheese 11.99

71. BURRO JALISCO

A super burrito! Flour tortilla filled with rice, beans, cheese and your choice of filling. Covered with burrito sauce and melted cheese. Garnished with fresh lettuce, tomato and sour cream 11.99

BURRITO CARNE ASADA

Asada chunks wrapped in a flour tortilla topped with sauce and cheese. Garnished with lettuce, guacamole and pico de gallo 12.99

TACO SALAD

Served on a northern-style crispy shell topped with lettuce, tomato and cheese. Your choice of ground beef, chicken or picadillo with refried beans 7.99 Add sour cream and guacamole +2.50

VEGETARIAN 7.99

HUEVOS

Served with rice and beans (refried or frijoles de la olla). Flour or corn tortillas.

HUEVOS RANCHEROS

Three eggs over easy covered with sauce and melted cheese 8.99

HUEYOS CON CHORIZO

Mexican sausage mixed with eggs 9.99

American dishes

HAMBURGER

With French fries 7.99 With cheese +.99

NEW YORK STEAK

8 oz. served with salad and French fries 13.99

POLLO BURGER

Chicken breast served with French fries 7.99

DINNER SALAD 2.99

CHILD'S PLATE

Served with rice and beans. For children 12 years or under.

HAMBURGER 4.99

CHOICE OF ENCHILADA, TACO,

OR BURRITO 4.99

CHICKEN TENDERS 4.99

OUESADILLA 4.99

TOSTADAS

TRADITIONAL

Crispy flat corn tortilla shell topped with refried beans, your choice of topping (ground beef, chicken or picadillo), lettuce, tomatoes, and cheese 7.99 For a crispy flour tortilla +.60 | Add baby shrimp +2.99

VEGETARIAN 7.99

SPECIALTY

HAMBURGER EL CAPORAL

With bacon, cheese, onions, tomatoes and guacamole 9.99

MENUDO 14.99

Chicken, asada or abobada 8.99

SIDE ORDERS

CHIMICHANGA 5.99

TACO 2.59

CHALUPA 4.99

TAMALE 3.99

BURRITO 9.99

CHILE RELLENO 5.99

CHEESE 2.39

ENCHILADA 3.59

RICE OR BEANS 3.99

TORTILLAS 1.59

SOUR CREAM 1.99

GUACAMOLE 2.99

SIDE FRIES 2.99

SCREWDRIVER

LONG ISLAND

BLOODY MARY

Vodka and spicy tomato juice

SEX ON THE BEACH

Vodka and orange juice

LYNCHBURG LEMONADE

PEACH COMFORT COOLER

EXTRA BASKET OF CHIPS 2.99

Jack daniels, triple sec, sweet 'n' sour and 7-up

Southern comfort, peach schnapps and orange juice

Rum, vodka, gin, triple sec, cola and sweet 'n' sour

Vodka, peach schnapps, orange juice and cranberry



Cocktails & Specialty Drinks

Ask about our top shelf selections

'n' sour

Strawberry, Banana, Lime, Raspberry, Peach and Blackberry. Grande with your choice of tequila

DAIQUIRIS

Rum and triple sec with your choice of flavoring

MEXICAN MIST

Tequila, grapefruit, orange juice, and cranberry juice

TEQUILA DRIVER

Tequila and orange juice

DIRTY MOTHER

Tequila, kahlua and 1/2 & 1/2

FUZZY NAVEL

Peach schnapps, vodka and orange juice

GREYHOUND

Vodka and grapefruit

图尼尼胶

BEBIDAS

SODA (refillable) **COFFEE OR TEA ICED TEA**

Orange, Pineapple, Tomato, Grapefuit, Cranberry

MILK

JUICE

HOT COCOA

DESSERTS

FLAN SOPAPILLAS **CHURROS**

FRIED ICE CREAM

DRAFT

HOUSE WINE CHABLIS CHARDONNAY

BLUSH BURGUNDY DRAUGHT

AMERICAN

MEXICAN

Gratuity added to groups of 8+ people.

